



## **IMPORTANT: 2020 Coverage Changes for Diabetic Supplies.**

For this plan year, only specific brands of diabetic supplies will be covered by your plan. Covered brands are listed below:

Glucometers and test strips:

- LifeScan OneTouch®
- Roche ACCU-CHEK®

Lancets:

- LifeScan OneTouch®/Delica®
- Prodigy Diabetes Care
- Kroger and its Affiliates
- Roche Diagnostics
- Good Neighbor Pharmacy

A limit of one glucometer per 365 days will be covered by your plan.  
A limit of 100 blood test strips and 100 lancets per 30 days.

Other blood glucometer, blood test strip or lancet brands or more than 100 test strips or 100 lancets per 30 days are not covered unless your doctor or other provider tells us that another brand or a larger quantity is medically necessary for your treatment.

### **What you will need to do if you are a current member or thinking about joining our plan:**

- If you are currently getting covered diabetic supplies from an in-network pharmacy or the plan's mail-order pharmacy, you don't need to do anything!
- If you are not using covered brands or if you are not getting your covered glucometer and test strips from an in-network pharmacy or the plan's mail-order pharmacy, you will need to get new prescriptions from your doctor, and take them to one of these pharmacies in order for these claims to be covered by us. Lancets can be purchased from an in-network pharmacy, the plan's mail-order pharmacy or from a Durable Medical Equipment (DME) provider.
- Be sure to discuss your options with your doctor. If your doctor says it is medically necessary for you to continue using a different brand and/or more than 100 blood test strips and/or lancets per 30 days, your doctor will need to communicate this to us by requesting an exception.

Each brand of glucometer operates a little differently. Be sure you understand the instructions. If you have any questions about how to use your supplies, please contact your pharmacist or the manufacturer. You can reach LifeScan, Inc. at 1-800-227-8862 or Roche Diagnostics at 1-800-858-8072.

Wishing you good health.

**Plans that have this diabetic supply coverage include:**

<b>Plan Name</b>	<b>Region</b>
Anthem MediBlue Access (PPO)	CA
Anthem MediBlue Care On Site (HMO I-SNP)	CA
Anthem MediBlue Coordination Plus (HMO)	CA
Anthem MediBlue Diabetes (HMO C-SNP)	CA
Anthem MediBlue Dual Access (PPO D-SNP)	CA
Anthem MediBlue Dual Advantage (HMO D-SNP)	CA
Anthem MediBlue Dual Plus (HMO D-SNP)	CA
Anthem MediBlue ESRD (PPO C-SNP)	CA
Anthem MediBlue Extra (HMO)	CA
Anthem MediBlue Plus (HMO)	CA
Anthem MediBlue Select (HMO)	CA

For more information about the exception process or the appeals policy, please see your plan's 2020 Evidence of Coverage.

Out-of-network/non-contracted providers are under no obligation to treat health plan members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

Anthem Blue Cross is the trade name of Blue Cross of California. Anthem Blue Cross and Anthem Blue Cross Life and Health Insurance Company are independent licensees of the Blue Cross Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc.